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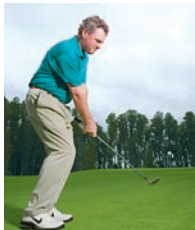
46 TOP TIPS



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► **How to groove a smooth swing**
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ELBOW IN
Your left elbow should hang tight against your torso as your hands release. You can't unhinge your wrists if your left arm bows out (no chicken-winging).

SHOULDER UNDER
Your right shoulder moves under your chin, not in front of it. This allows your hands to power the clubhead correctly through impact and then around your body.

KEY MOVE
ACTIVE WRISTS
Prior to impact your right wrist was bent. Now it should be bowed. This doesn't happen by itself—"slap" the ball with your right hand to release the club properly.

HOW TO MAKE A Power Release

Give the ball a right-hand slap for explosive contact

This story is for you if...

- You want more distance and accuracy
- You often miss your target to the right
- You don't understand what "release" means

The standard advice
Try to square the clubface at impact for straighter and more accurate shots.

Why it's misleading
Impact lasts only a few milliseconds, so trying to perfect that moment is nearly impossible.

The tip you really need
A solid release guarantees proper clubface rotation through impact, so perfect it instead. Plus, it's easier to control your release. As you drive through the hitting zone, give the ball a slap with your right hand, changing your right wrist from bent back to bowed. Check the positions at left to see what it looks like.

CLUB ON LINE
A proper release whips the clubhead around your body in a circular motion and into your finish.

TURN THE PAGE TO LEARN HOW TO RELEASE THE CLUB ➤

Video Lessons

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